NEWS/EDITORIAL

Boost your kid's math skills with free tutoring

(NAPSI) --Students across the country are heading back to in-person learning, after a year or more of remote pandemic learning. As many schools re-open, the demand for extra help in math for students is growing.

Supplemental online tutoring is a great option, as many parents struggle to find help for their children. Online tutoring provides a safe, proven and easy option for students to learn from anywhere, anytime and at their own pace.

What you should know...

Here are three common questions and answers about online tutoring that your family may find useful:

1. Is your child struggling with math homework this year? Do you feel they would just like some extra help? As families navigate the school year, many discover that their children struggle to keep up with their math homework. For

some children, this was true even before the pandemic.

To help, there's a personalized math and coding tutoring service helping students succeed and build foundational skills. Called Cuemath, it follows U.S. Common Core standards and is accredited by STEM.org. The service offers live and engaging one-on-one online sessions.

2. Are you worried about the cost of a tutor? To take the added stress of cost out of the equation, Cuemath's new initiative, "One Billion Math Minds," offers access to a guided math curriculum and exercises at no cost to qualifying K-12 students. This initiative, in addition to assisting students, will help shrink the math learning equity and access gaps in the United States by providing a no-cost solution to many families.

3. How does it work? Cuemath combines adaptive and visu-



al learning techniques, designed with input from math experts at Harvard, Stanford, Cambridge and Indian Institutes of Technology (IIT). It's been used by more than 200,000 students across 20-plus countries, giving students not only extra help but foundational math skills. Children who are interested in coding will get a foundation into this important and growing sector and can begin to develop a path towards a career in STEM (Science, Technology, Engineering and

Mathematics).

To qualify for free access, students can sign up for a free Basic Cuemath membership. This includes access to a curated curriculum, math worksheets and interactive visual learning exercises.

Learn More

For further facts and to sign up for free tutoring, visit: https://bit. ly/cuemathfree.

Tennessee Medicaid Expansion Could Lead to a Healthier Tennessee

Myrtle Russell is a retiree and caregiver

In 2015, Governor Bill Haslam presented his "Insure Tennessee," Medicaid expansion to legislators, a plan that would have brought billions of dollars into the state and meant insurance coverage for up to 280,000 Tennesseans. Legislators rejected it.

Here we are six years later with the country still reeling from the far reaching impact of the Covid-19 pandemic, and legislators have once again refused to expand a program that would bring much needed dollars into a state that is among the bottom ten states for maternal and infant health, and pre-pandemic, had some of the highest increas-

es in uninsured residents.

In rural areas of the state in 2019, 16.4% of the population aged 18-64 were uninsured and 5.1% of children under 18 were uninsured. In 2021, all rural counties in the state were in Health Professional Shortage Areas for Mental Health. There are only four Primary Care Physicians (PCP) per 100,000 people with some rural counties sharing only one PCP.

With such dismal statistics that lead to poor health outcomes, now would be the ideal time to expand Medicaid since it is anticipated that 300,000 uninsured Tennesseans and approximately 86,000 additional Tennesseans will be in the coverage gap in the next 6 months.

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Individuals in the gap are not eligible for Medicaid under the state's rules and their incomes are too low to qualify for subsidized health insurance in the Affordable Care Act marketplace.

You don't need to be a sage or stare into a crystal ball to see that things are likely to get worse before they get better and Medicaid expansion could help turn the tides by increasing healthcare coverage gains and improving long-term health outcomes. It could be the difference between life and death for individuals with life threaten-

ing illnesses and no coverage for treatment and medications that control chronic conditions such as heart disease and diabetes. Research has shown that in states that accepted Medicaid expansion, it saved the lives of at approximately 19,000 adults aged 55 to 64 over a four-year period from 2014 to 2017. Conversely, 15,600 older adults died prematurely because of state decisions not to expand. (Part 1 of 2 – See Conclusion in Jan 20th CNC issue.)

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